



JOURNEY OF HOPE

- Journey of Hope is a healing program for separated and divorced Catholics.
- Christ holds those who suffer close to his heart and desires to bring about healing.
- This program helps participants find their way to reconciliation, peace and healing through Christ and the Church.
- Six week sessions begin for:

Women: Tuesday March 21, 2017 and every Tuesday until April 25, 2017 – 7 – 8:30 pm **

Men: Thursday March 23, 2017 and every Thursday until May 4, 2017: 7 to 8:30 pm **

*(**The first class is 2 hours in length)*

**Location: Queen of the Most Holy Rosary (Parish Hall)
20 Grant Street (Westboro area near Parkdale and Wellington)**



Have you asked yourself any of the following questions?

- How do I pray in times of distress?
- Why does God allow divorce to happen?
- What does the Catholic Church say on divorce?
- How do I let go and forgive?
- How do I deal with my anger?
- Can I receive the sacraments?
- What is an annulment?
- Does suffering have meaning?

To register, please visit our website: journeyofhopeottawa.com for details.

For further information, contact: Mary Jane Manley at (613) 294-1308

Registration Deadline is March 20, 2017. Cost is \$25 for course materials.

Testimonies from Those Who Have Participated In This Program

I knew as soon as I attended the first session that this group was for me. I have certainly felt peace after attending these sessions. – Kathy, married 30 years.

This program felt like my faith wrapped wings of peace, forgiveness and hope around me. – Peg, married 10 years.

This program turned anger into calm; turmoil into peace of mind. I recommend it to any man who has gone through a divorce. – Jim, married 5 years.

The program is outstanding. I feel I've made life-long friends in this program that I can have fun with, laugh with and cry with and depend on for help getting through it all. - Cathy, married 36 years.